

# SPRING ED DECEMBER 2024

WEEK 1					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	12/2/2024	12/3/2024	12/4/2024	12/5/2024	12/6/2024
<b>AM SNACK:</b>					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit (Optional)	Mixed Berries	Blueberries	Sliced Strawberries		
Grain	WG Pancake Bites	Oatmeal Bar	WG Toasted Oat Cereal	WG French Toast Stix	WG Cinnamon Cereal
Extra/Protein					
<b>LUNCH:</b>					
	<b>BRUNCH SAMMY</b>	<b>Ravioli</b>	<b>CHEESEBURGER</b>	<b>PIZZA</b>	<b>CHICKEN POT PIE</b>
Fruit	Diced Pears	Diced Peaches	Diced Pineapple	Fruit Mix	Mandarin Oranges
Vegetable	Diced Carrots	Broccoli Bites	Tater Tots		Mixed Veggies
Grain	WG English Muffin		WG Bun	Salad	WG Biscuit
Meat/Meat Alt	Egg Patty	Ravioli	Beef Patty	Pizza	Diced Chicken
Extra	Cheese Slice		Cheese Slice		Gravy
<b>PM SNACK:</b>					
Fruit		Diced Pears	Apple Slices		
Vegetable				Baby Carrots	
Grain	Wheat Thins	WG Goldfish			Churro Crackers
Protein	String Cheese		Cheese Cubes		Vanilla Yogurt
Extra				Ranch	
WEEK 2					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	12/9/2024	12/10/2024	12/11/2024	12/12/2024	12/13/2024
<b>AM SNACK:</b>					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit (Optional)	Mango	Mango	Clementine	Jelly	1/2 Banana
Grain	WG Spooner Cereal	Vanilla Yogurt	WG Oatmeal Cereal Bar	WG Toast	WG Crispy Rice Cereal
Extra/Protein					
<b>LUNCH:</b>					
	<b>Pasta</b>	<b>TEX MEX</b>	<b>ORANGE CHICKEN</b>	<b>PHILLY CHEESESTEAK</b>	<b>SOUP &amp; SANDWICH</b>
Fruit	Diced Peaches	Applesauce	Diced Pears	Mandarin Oranges	Fruit Mix
Vegetable	Green Beans	Corn	Green Beans	Tater Tots	Tomato Soup
Grain	WG Pasta		Brown Rice	WG Roll	
Meat/Meat Alt	Tomato Sauce	Chicken Nugget	Diced Chicken	Beef Steak	Grilled Cheese Sandwich
Extra			Orange Sauce	Cheese	
<b>PM SNACK:</b>					
Fruit	Clementine			Diced Mango	Applesauce
Vegetable		Cucumber Slices/Ranch			
Grain	Sunrise Bites	WG Crackers	Apple Cinn Graham Bears		Cinnam WG Graham Crackers
Protein				Vanilla Yogurt	
WEEK 3					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	12/16/2024	12/17/2024	12/18/2024	12/19/2024	12/20/2024
<b>AM SNACK:</b>					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit (Optional)	1/2 Banana	Mixed Berries	Clementine	Sliced Strawberries	
Grain	WG Cereal	WG Waffle	WG Muffin	WG Corn Flakes Cereal	WG Blueberry Loaf
Extra/Protein					
<b>LUNCH:</b>					
	<b>MAC N CHEESE</b>	<b>FIESTA RICE BOWL</b>	<b>CHICKEN FRIES</b>	<b>TURKEY HAM</b>	<b>FISH FILET</b>
Fruit	Mandarin Oranges	Pineapple Tidbits	Diced Pears	Fruit Mix	Fruit Mix
Vegetable	Sweet Peas	Corn	Diced Carrots	Mashed Potatoes	Corn
Grain					
Meat/Meat Alt	Mac n Cheese	Turkey Taco Entrée	Chicken Fries	Diced Turkey Ham	Fish Filet Rectangle

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.  
 2. The fruit component at lunch may be substituted by an additional vegetable.  
 Page 1 of 2

## SPRING ED DECEMBER 2024

Extra		Cheese			
<b>PM SNACK:</b>					
Fruit		Orange Slices	Apple Slices	Diced Mango	1/2 Banana
Vegetable					
Grain	WG Pizza Crackers	Champ Bite Crackers		All Sport Bites	Education Crackers
Protein	String Cheese		Voy Hazelnut Free Spread		
Extra					
<b>WEEK 4</b>					
<b>MEAL PATTERN</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Dates:	12/23/2024	12/24/2024	12/25/2024	12/26/2024	12/27/2024
<b>AM SNACK:</b>					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	CLOSED	CLOSED	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	CHEF'S
Fruit (Optional)	Fruit of choice			1/2 Banana	
Grain	WG Cereal			WG Crispy Rice Cereal	
Extra/Protein					
<b>LUNCH:</b>					
	<b>CRUNCHERS</b>	<b>HAPPY</b>	<b>HAPPY</b>	<b>MEATLOAF</b>	<b>CHOICE</b>
Fruit	Applesauce			Diced Peaches	
Vegetable	Mixed Veggies			Mashed Potatoes	
Grain					
Meat/Meat Alt	Pizza Crunchers			Meatloaf	
Extra					
Fruit		HOLIDAYS	HOLIDAYS!	Applesauce	DAY!
Vegetable					
Grain	WG Alphabet Crackers			Animal Crackers	
Protein	Banana Cinn Chickpea Butter				
Extra					
<b>WEEK 5</b>					
<b>MEAL PATTERN</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Dates:	12/30/2024	12/31/2024			
<b>AM SNACK:</b>					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)			
Fruit (Optional)	Mixed Berries	Sliced Strawberries			
Grain	WG Pancake Bites	WG Toasted Oat Cereal			
Extra/Protein					
<b>LUNCH:</b>					
	<b>BRUNCH SAMMY</b>	<b>Ravioli</b>			
Fruit	Diced Pears	Diced Peaches			
Vegetable	Diced Carrots	Broccoli Bites			
Grain	WG English Muffin				
Meat/Meat Alt	Egg Patty	Ravioli			
Extra	Cheese Slice				
<b>PM SNACK:</b>					
Fruit		SCHOOL CLOSSES @ 12PM			
Vegetable					
Grain	Wheat Thins				
Protein	String Cheese				
Extra					

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.  
 2. The fruit component at lunch may be substituted by an additional vegetable.  
 Page 2 of 2