

# Kyle's Karate

## Summer Enrichment at Bethesda Country Day School

Kyle's Karate is a children's martial arts program that combines exciting instruction with practical, effective techniques. Teaching kicks, punches, stances and blocks, Kyle's Karate will develop your child's coordination and concentration. Your child will learn about Stranger-Danger and how to stop bullies. Discipline and respect are an integral part of this class. All techniques are practiced on safe equipment held by the instructor. Your child will gain confidence in themselves and their ability to succeed while earning merit awards in class.

### Summer Camps

June Camp (6/24 - 6/28) | \$162

July Camp (7/8 - 7/12) | \$162

August Camp (8/5 - 8/9) | \$162



[Kyleskarate.com/register/bcnds](https://kyleskarate.com/register/bcnds)